



# UNITED DAY NURSERY, INC. PARENT NEWSLETTER

DECEMBER 2006

[WWW.DRAVES.COM/UDN](http://WWW.DRAVES.COM/UDN)



## Children

We see them playing, with toys on the floor.  
Their little faces, are what we adore.

A fun filled day, with smiles oh so bright.  
Ready to learn and play; Oh, what a beautiful sight.

The look on their faces, when they get something right.  
They take their places, their futures look bright.

In their own compelling way we see that they're unique.  
We are confident they'll reach, the very goals they seek.

Their growth and progress are always so charming to behold.  
It is such a wonderful thing to watch their lives unfold.

All the beauty life can give is summarized or in them.  
We are proud and we are glad that life presented them.

They're a precious thought to us, a treasure to the heart.  
They're people who have played a very special part.

Written by Sharon Clement, Small Room 105 Teacher, Fall 2006

~~~~~  
**THANKS to everyone** who participated in the  
Parent-Staff One-Stop Shopping fundraiser on Mon.,  
Nov. 13<sup>th</sup>. Together, we achieved much success!

All proceeds will go towards the gym equipment –  
renovations needed for a safer environment for  
children.

**It was an evening full of shopping,  
learning, and socialization!**



## **Mark your calendars:**

December 6 - UND Speech, Lang. & Hearing Re-screen,  
10:00 – 11:30 a.m.

December 14 - Staff Mtg; 6:00 – 8:00pm

December 18 - Parent/Staff Forum; 6:30 pm – 7:30/8:00pm

December 24 - No GF Public School \* (**through Jan. 2<sup>nd</sup>**)

*\*Parents of School-age Children/Head Start & PSN  
Children, if additional care is needed, please request  
in advance in the UDN office!*

**December 25 - UDN closed in observance of Christmas**

**January 1 - UDN closed in observance of New Years  
Day**

## ~~~~~ **OUT DOOR PLAY**

Winter is in the air...(dare it be mentioned...!?) soon  
following behind. ***It's presence has definitely embraced  
us!*** Please dress (or bring with ) your child layers of  
clothing – outdoor play experiences are a part of all of  
the children's and teacher's days – mornings and  
afternoons, at United Day Nursery. It is very important to  
get outside, even in the winter months; **minimally  
children and teachers will be outside once per day (both  
am & pm preferably).**

The fresh air, practice dressing/un-dressing in  
our warm outer wear, seeing/feeling/experiencing the  
weather – ND seasons are essential purposes for  
exploring outdoors daily, as weather allows.

The ***National Weather Service temperature and wind  
chill weather charts*** will be consulted on a daily basis to  
ensure that children as well as teachers are outside ***for  
safe periods of time!*** The younger the age of children (as  
they are a bit more susceptible/not as physically active)  
will be considered by supervisors, teachers/caregivers,  
and administration prior to taking them outdoors in  
extreme weather - cold – this winter.

**Re-visiting the parent handbook – outdoor play  
policy/ information:** Children will be going outside with  
teachers at least once a day; alternating mornings and  
afternoons. All children will go outdoors with their  
teachers/friends – if there is a medical reason why your  
child should not be outside on certain days; cold wind –  
asthma, etc. **A doctor's note stating that your child  
needs to be kept inside will be required.**

~~~~~  
WE ARE SPONSORED BY UNITED LUTHERAN CHURCH  
AND ARE A  
PARTICIPATING AGENCY OF UNITED WAY

# UNITED DAY NURSERY, INC.

## PARENT NEWSLETTER

Outdoor play continued...

We have access to many articles documenting the benefits of outdoor play experiences – in a variety of weather conditions. If you'd like, we can share some of these with you; please stop in the office to request a copy...

**The sprinklers are installed and working!** The new carpet was installed Mon., Dec. 4th...we're very excited to be able to return to the Main Nursery with the toddlers.

\*\*\*\*\*

**A room full of infants/pre-toddlers being cared for at UDN is on the horizon...!** Presently, there are four infants enrolled at UDN! We're still growing – adding infants as parents hear about us and request child care!

~~~~~

**There is room in the inn...United Day Nursery that is!** We are *currently seeking new infants (full-time care)*, two year olds, as well as three, four, and five year old children.

\* If you know of someone interested in and/or looking for child care, your 'word of mouth' advertising speaks mounds for United Day Nursery! *If a prospective enrollee begins at UDN with your referring them to us, you will receive a tuition waiver worth \$40.00 off of one month's tuition.*

\*\*\*\*\*

**Health and Safety precautions being taken at United Day Nursery: Wash hands, Kill a virus...**

One out of three people do not wash their hands after using a restroom, according to the Centers for Disease Control and Prevention. Unclean hands can spread the common cold, influenza and infectious diarrhea.



**Following are expert tips on hand washing:** (taken from November 2006, Blue Cross Blue Shield of ND Consultant Comments.)

- Wet your hands with warm, running water and apply liquid or clean bar soap.
- Lather well.
- Rub your hands vigorously together while you sing "Twinkle, Twinkle Little Star."
- Scrub the back of your hands, wrists, between your fingers and under your fingernails.
- Rinse well.

- Dry your hands with a clean or disposable towel.
- Turn off the water faucet using the paper towel (or your elbow).

\* It is an expectation that *upon arrival to UDN, all teachers/staff, volunteers, children and parents wash their hands prior to entering a classroom for the morning and/or afternoon* as well as upon re-entering the classroom at any given time throughout the day.

This is to ensure clean, sanitary conditions in environments for children, teachers + volunteers.

**Please take the few extra moments to escort your child to the bathroom to wash hands before leaving them to play and learn at UDN!**

**THANKS for your cooperation in keeping the classrooms healthy and germ free!**

\*\*\*\*\*

The Main Nursery Pond – Toddler Rooms are participating in the Quality Enhancement Project (QEP) this fall and winter 2006. Infant-Toddler Environment Rating Scale – Revised (ITERS-R) is the new book guiding this process.

The goal of UDN's involvement with this program is to enhance the quality of care and education provided for toddlers enrolled with us. Caregivers employed with United Day Nursery working specifically with toddlers, along with administration are being thoroughly trained in providing quality care and education.

\*The new gates have been added to our toddler classrooms from Child Care Resource and Referral, Infant & Toddler monies. A nice change for everyone!!  
\*\*\*\*\*  
Thoughts to ponder...

\* "Let us remember that, as much as has been given us, much will be expected from us, and that true homage comes from the heart as well as from the lips, and shows itself in deeds." Theodore Roosevelt

\* "Treat the world well...  
It was not given to you by your parents...  
It was lent to you by your children." Kenyan proverb  
\* "Our children may learn about heroes of the past. Our task is to make ourselves architects of the future."

Jomo Kenyatt